

FOCE DI MOSCETA

Pruno (468 m s.l.m.) - Passo dell'Alpino (1136 m s.l.m.) - Foce di Mosceta (1190 m s.l.m.)

Starting point: Pruno (468 m s.l.m.)

Arrival: Foce di Mosceta (1190 m s.l.m.)

Difference in level: 722 m

From departure to arrival: approximately 2 hours

Difficulty: E

Path sequence: CAI 122

Supporting points: Rifugio Del Freo Mosceta

Principal interests: Naturalistici

Notes about the route: You need a water supply

Best time to go: All year

From Seravezza take the provincial road for PRUNO di Stazzema.

When you arrive in the vilage of Pruno, take the path [CAI 122](#).

The path si uphill to PASSO DELL'ALPINO (1h e 30') and then it becomes linear (total travel time 2h).

This path, thanks to its difficulty, is suggested also for families with children.

Mountain Safety:

·We recommend you to find out about the weather forecast and to keep in mind that in the mountains there are unexpected climate changes.

·If needed, call the emergencies number 112, specifying that you need help in the mountains.
·We advice you to wear adequate clothing and comfortable boots.

·The Pro Loco Seravezza Association want to remind you that the evaluation of difficulty and travelling time indicated are subjective and decline every responsibility for any possible accident. In particular it does not guarantee the maintenance of any paths, that are outside the Associations competence.

